KJ Fundamental Football Clinic - Coach KJ

Coaching Experience

Coach KJ is the only player/coach in the state to have four straight shut-outs as a player his senior year (2000), and four straight shutouts as a first year coach at South Oldham High (2005). Coach KJ began his coaching career at South Oldham High School as an Head Freshman Coach. During his coaching career at South Oldham, he coached the football team to many outstanding wins. His first two games were shutouts (42-0 win over North Oldham and 38-0 win over Nelson County). Coach KJ was the offensive / defensive coordinator as well as special teams coach in his first year as Head Coach. He also was the defensive coordinator assistant while being mentored by Hall of Fame coach Bob Redman. In 2006 Coach KJ took over the North Oldham High School as defensive coordinator coach. He broke his own personal shutout record as a coach in 2010 when he helped the Jaguars from Oldham County Youth League to a 7-1 regular season record. Six out of seven were shutouts. At this time he also took on the job of defensive coordinator at Waggener High School. 2013 Coach KJ became Eastern's defensive coordinator. February 2014 KJ received a call from Ballard's Head Coach Mike Jackson to take over the Varsity Defensive Backs.. Coach KJ is now presently coaching at Ballard High School while specializing Defensive Backs.

TEAMS COACH KJ HAS COACHED: 2 Youth League teams, 2 Middle Schools, & 6 High Schools *Defensive Coordinator

Youth Leauge **Middle School** **High School**

*Vikings OCYFL *North Oldham * South Oldham

*Jaguars OCYFL *Moore *North Oldham

Moore

*Waggener

*Eastern

BALLARD

Playing Experience

KJ played football, basketball, and ran track for South Oldham High School. KJ attended four years at Eastern Kentucky University, then played two years of Semi-Pro football (KJ still holds the most interceptions in a game with three). He played both sides of the ball, Running Back on offense and strong safety on defense. KJ had to retire before his last two games of the season due to a blood clot in his lower right calf. He received this from an injury resulting from a tackle. During his years in Semi-Pro, KJ averaged 8.6 yards per carry, 21 touchdowns, and averaged 7 tackles a game. KJ also had three touchdowns on special teams (two on kickoff, one on punt return) in two years.

Education:

Graduated from South Oldham High School. KJ earned his Bachelors Degree from Eastern Kentucky University.

Certifications/Awards:

- Successfully completed the National Cognitive and Skills Evaluations in accordance with curriculum of the American Heart Association CPR/AED.
- Kentucky High School Football Coaches Skill Test Certification.
- Kentucky High School Defensive, Offensive, and Special Teams Certification Award.
- Richmond, Kentucky YMCA Football Clinic Award.
- Two-time Who's-Who American Athlete Students.
- 2002 Susan Adams Kentucky Leadership Award.
- Two-time MVP Award (Semi-Pro Football).
- Most Interceptions in a Game Award (still holds record) - Semi-Pro.

- 2010 Best Coach Award (KJ Clinic)

- 2010 Award Winning Clinic (KJ Clinic)
- 2011 Award Winning Clinic (KJ Clinc)
- 2012 Best Clinic Award
- 2013 Best Clinic Award

Personal Information

The founder of KJ Fundamental Football Clinic was born in Louisville, Kentucky.

Sports Promotion

KJ modeled "Sports Gear" for local sports stores in May 2005. Then became a director at John Roberts Powers modeling agency in June 2006.

Sports Invention

KJ is in the progress of inventing "TheCatch" soft hands trainer. This invention relates to devices for training techniques for catching thrown footballs with the finger tips and thumb tips. It can also be used for volleyball setters, and for dribbling a basketball.